

# MARIST

## PRESCRIPTION SERVICES

Common over-the-counter medications can be purchased at the Book Store in the Student Center. Prescriptions from home or Marist Health Services can be filled at local pharmacies:

### Closest to campus (walking distance):

Rite Aid Pharmacy 845-452-6153  
3350 North Road, Poughkeepsie, NY12601

### Delivery to campus:

Molloy Pharmacy 845-229-8881  
4170 Albany Post Road, Hyde Park, NY 12538  
Contact William Irwin, Registered Pharmacist

### Open 24 hours:

CVS Pharmacy 845-462-2791  
3350 South Road (Rt 9), Poughkeepsie, NY 12601

## HEALTH INSURANCE

Annual proof of health insurance is required for all full-time (12 or more credit hours) undergraduate students. Marist offers the Marist College Student Accident and Sickness Insurance Plan, designed in cooperation with the Allen J. Flood Companies, Inc, the Plan Administrator. A brochure describing the insurance plan is available online at [www.marist.edu/healthservices](http://www.marist.edu/healthservices)

*Please note that the Marist College Accident and Sickness Insurance Plan annual fee of \$500 will be included in your bill for student tuition and fees.*

If students have comparable existing health insurance coverage under another policy, they can waive the Marist College Student Accident and Sickness Insurance Plan and the fee will be removed.

Detailed instructions about the waiver process and the deadline are available at [www.marist.edu/financialaid/insurancewaiver.html](http://www.marist.edu/financialaid/insurancewaiver.html)

## AFTER HOURS CARE

Resident students requiring health care after MHS hours should notify the Resident Advisor, Resident Director, or Marist Safety and Security. Students are referred to St Francis Hospital Emergency Department, which is across the street from the campus.

## HEALTH ITEMS TO BRING TO CAMPUS

- Any regular medications
- Knowledge of any allergies
- Health insurance card (if copying, include both sides)
- Digital thermometer

Basic first aid supplies:

- Band-aids
- Acetaminophen or ibuprofen
- Non-prescription medications:
  - decongestant
  - cough medication
  - antibiotic ointment
  - hydrocortisone cream

## IMPORTANT PHONE NUMBERS

	Area code 845
MHS phone	575-3270
MHS fax	575-3275
Marist Security	471-1822
from campus	ext. 2282
St Francis Hospital	483-5000
St Francis ED	431-8220

# OFFICE OF HEALTH SERVICES

## SUMMER HOURS

Monday–Thursday..... 8:30a – 4:30p  
Friday ..... 8:30a – 3:30p  
Weekends..... Closed

## HOURS DURING THE ACADEMIC YEAR

Monday – Friday..... 9:00a – 9:30p  
Weekends..... noon – 4:45p

**Student Center Room 350**  
**845-575-3270**  
**845-575-3275 fax**  
**[Health.services@marist.edu](mailto:Health.services@marist.edu)**

## **MHS STAFF**

MHS is staffed by physicians, nurse practitioners, physician assistants, registered nurses, and administrative support personnel.

Students are seen on an appointment basis. Emergencies and walk-ins are triaged promptly and seen in order of urgency.

Problems beyond the scope of MHS are referred to St. Francis Hospital Emergency Department.

## **HEALTH FORMS/IMMUNIZATION INFORMATION**

All incoming students are required to complete Health Forms ([www.marist.edu/healthservices](http://www.marist.edu/healthservices)). This includes medical and family history, a physical examination, and completion of New York State required immunization information.

## **MENINGITIS INFORMATION AND VACCINE**

New York State mandates that colleges distribute information about meningococcal disease and vaccine (included in the online Health Forms). Vaccination is highly recommended but not required. Please discuss this with the student's health care provider, as the vaccination is best received before coming to campus. It is also available through the Dutchess County Department of Health (845-486-3409).

## **CONFIDENTIALITY**

All medical information is confidential. The student must sign an authorization form prior to release of information. A *Consent to Discuss Health Information* is included in the online Health Forms. Parents are notified in emergency situations or when requested by the student.

## **HEALTH SERVICES FEE**

All traditional undergraduate students pay a mandatory Health Services Fee with tuition and fees each semester and are eligible to use MHS.

### **Services included in the Fee**

- Assessment and treatment of illness and minor injuries by MHS staff
- Follow-up care of students with chronic health problems as recommended by their health care providers
- Common lab tests performed by MHS staff (e.g. Rapid Strep test, urinalysis)
- Women's Health care and counseling
- Tetanus immunization if indicated
- TB screening test (PPD)
- Vision test for driver's license renewal

### **Services not included in the Fee**

- Any off-campus care
- Emergency room and hospital charges
- Ambulance services
- Diagnostic testing outside of those tests run at MHS
- Dental care
- Routine eye exams, eyeglasses

## **ALLERGY IMMUNOTHERAPY**

Students can continue allergy shots begun under the care of an allergy specialist if MHS receives the orders, plan of care, and allergens from the allergist.

Charges for allergy immunotherapy will be posted to the student's bursar account.

1 injection .....	\$10 per visit
2-3 injections.....	\$15 per visit
4 or more .....	\$20 per visit

## **Influenza vaccine**

Annual vaccination against influenza is highly recommended, especially for resident students. Flu shots are available on campus in November and December for a \$20 fee. Thimerosal-free vaccine is available through the Dutchess County Department of Health (845-486-3409).

## **Gardasil**

Gardasil (HPV vaccine) can be administered by MHS by appointment if it has been ordered by the student's health care provider and the vaccine brought to MHS. There is no charge for the administration. Please discuss this with your health care provider or call MHS with questions.

## **SPECIALTY CARE**

While specialty care in most fields is available in the Poughkeepsie area, not all practitioners participate in all insurance plans. If a student anticipates needing off-campus care, it should be researched through the insurance carrier to identify "preferred providers" in the Marist College area. The provider can then be contacted directly.